

Caregiver Support Groups in Berkshire County

Caregiver Support Group

Elder Services of Berkshire County, Inc., 877 South St, Suite 4E; Pittsfield
2nd Tuesday of the month, 10 a.m.-11:30 a.m.
Joseph Choon, Facilitator
413 499-0524

Caregiver Support Group

Claire Teague Senior Center, 909 Main Street; Great Barrington
3rd Wednesday of the Month. 1:00 p.m.-2:30 p.m.
Joseph Choon, Facilitator
413-528-1881 or 413-499-0524

Caregiver Support Group

Spitzer Senior Center, 116 Ashland Street, North Adams
4th Thursday of the month, 1 p.m.-2:30 p.m.
Joseph Choon, Facilitator
413 662-3125 or 413 499-0524

Alzheimer's Caregiver Support Group

Fairview Hospital, 29 Lewis Avenue, Great Barrington
3rd Monday of the month, 5 p.m.-6:30 p.m.
Peg Lederman, Facilitator 631-327-3923 and Cara Holcomb, Facilitator 413-429-1167

Alzheimer's Caregiver Support Group

Adams COA – Adams Visitor's Center, 3 Hoosac Street, Adams
2nd Tuesday of the month, 6:00 p.m.-7:30 p.m.
Beth Hinkley Mouglin, LCSW, Facilitator
413-743-8333

Education & Support Groups for Families & People Living with Dementia

Home Instead Senior Care, 66 Wendell Avenue, Pittsfield
3rd Thursday of the Month, 10 a.m.-11:30 a.m.
Dr. Jay Ellis and Donna Smith, Facilitators
413-442-0907: Registration required

Alzheimer's Disease Caregiver Support Group

Kimball Farms Retirement Community, 235 Walker Street; Lenox
2nd Monday of the Month, 1:30 p.m.-3:00 p.m. (Conference room)
Jackie Tripicco, LCSW, Community Social Worker, Facilitator
413 637-7037: Registration required

Alzheimer's Caregiver Support Group

Sugar Hill Assisted Living Facility, 45 Main Street, Dalton
Last Wednesday of the Month, 1 p.m.-2 p.m.
Dr. Jay Ellis and Ann Shartrand, LSW, Facilitators
413 684-0100

Alzheimer's/Memory Impairment Caregiver Support Group

Dalton Senior Center, 40 Field Street Ext., Dalton

3rd Thursday of the Month, 4:30 p.m.-6:30 p.m. Meal provided.

Kelly Pizzi and Linda Merry, Facilitators

(413) 684-2000: Registration is required

Caregiver Support Group

Mount Washington, MA, 159 East Street, Mount Washington

Cory Hines, Facilitator

Call for dates and times: 413-528-3998

OTHER (ongoing or periodic: call for information)

Grandparents Raising Grandchildren

First United Methodist Church, 55 Fenn St., Pittsfield

Meets every other Monday, 4:30 p.m.-6:30 p.m.

Call for info: 413-446-8224

Memories in the Making

Art therapy program for memory impaired individuals

plus support group for caregivers

413-224-8127 for schedule

Meet Me at the Clark

The Clark Art Institute in Williamstown periodically offers a free community education program designed for people living with Alzheimer's disease (and other dementias) and their care partners. Specially trained docents guide small groups of participants in an open-ended conversation about art intended to nurture relationships and uplift spirits.

Please call the Education Coordinator at 413 458 0563 for dates and information.

Alz Meet Ups

Small, organized group activities designed to connect

individuals with mild memory loss through enjoyable experiences,

such as visits to local museums, gentle hikes and other activities. Locations & events vary. Call for info.

Alzheimer's Association: 800-272-3900

*This resource list is provided as a courtesy from
the Berkshire Alzheimer's Partnership.
It does not recommend, guarantee, warrant,
or assume liability for the performance or
lack thereof of any of the resources listed.
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